

Circular for the parents of Nursery to Class V students

Session: 2022-23

EKAY/SEP/37

September 15, 2022

Subject: Weight of School Bag

Dear Parent

Namaste

Please be informed that the following measures have been taken to reduce the load of the school bags of students:

1. **For Nursery to Class II**, most of the prescribed books, workbooks and drawing files are deposited with the teacher and kept in classroom in the cubbies allotted to students. Most of the time students carry few notebooks, lunch box and water bottles in the bags.
2. **For classes III to V**, we have made a schedule, according to which the students are required to carry their prescribed text books to school. Also all students are encouraged to carry their notebooks and books as per the time table for the day. The class teachers also carry out surprise checks of the school bags. During surprise checks, it has come to our notice that sometimes students carry 8 to 10 extra books and copies in their bag, which makes the bag heavy.
3. **For classes III to V**, we have also asked students that their Computer Book, Computer notebook, Hindi Grammar Book, English Marigold Book, Art & Craft notebook, etc. to be kept in the classroom cubbies allotted for each child.
4. We also discourage students to carry sample books, story books, etc. in their school bags.

Expectations from Parent:

1. Please check that your ward packs the school bag as per the class time table and does not carry any extra sample books, story books, personal diary/ notepads, etc.
2. Avoid hard binding of textbook.
3. Light weight pouches could be used in place of heavy metal pencil boxes.
4. Light weight water bottles and lunch boxes could be used in place of heavy metal water bottle/lunch box.
5. The bag should not be hanging below the midriff but should be held tight against the shoulder.
6. Advise your ward to put down the bag while waiting for the bus and after reaching the classroom.

Together let's strive towards helping our children grow into healthy and well developed individuals.

Headmistress

Principal